



**City of Houston
Police Department
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**Harold L. Hurtt
Chief of Police**

**Bob White
Mayor of Houston**

**Paul Vunak
Progressive Fighting Systems
San Clemente, Ca**

Date: October 4, 2006

Re: Letter of Appreciation

Paul,

I want to express my gratitude for the outstanding training you provided during my personal training session with you in April and the July CEI Seminar both held in San Clemente, Ca. Your knowledge, experience, and willingness to teach others are second to none. The enthusiasm you showed and the way you care for your students was highly impressive. The training methodology was realistic and conducive for any encounter I or others may face. As a former Special Operations Marine and a current police officer assigned to S.W.A.T. and a Hot Spot unit, the techniques you passed on to me and the others in attendance are useful on the street, in a combat environment, and in S.W.A.T. operations.

I have studied the Martial Way since 1987 and been under many different instructors, teachers and so-called experts. I have not found and most likely never find an instructor like you who shares the same mentality as Special Operators, S.W.A.T. officers and patrol officers. I am honored to call you my Sifu and brother in the Martial Arts.

I look forward to continuing my training with you in the near future. Again, thank you for a job well-done.

Richard J. McCusker
R. J. McCusker
Police Officer